



Digital Legacy Checklist for Suicide Loss Survivors

Managing a person's accounts, subscriptions, and online presence after a suicide loss is rarely something anyone feels ready for. This checklist breaks the process into smaller, manageable tasks so you can work through it at your own pace, in any order, with help from others when you need it.

A Note Before You Start

This checklist is not legal advice and is not comprehensive. It is a quick, practical starting point for a process that is often confusing, slow, and emotional, not a complete guide to every platform, every state's laws, or every family's situation. Always confirm current requirements directly with each company, and consult a qualified attorney for anything involving an estate, a will, or legal access to accounts. See our full site disclaimer at the link below before making decisions based on this checklist.

Start Here: Time Sensitive Items

- [] Check a recent bank or credit card statement for recurring charges (streaming, subscriptions, gaming passes)
- [] Look for signs of cryptocurrency (a hardware wallet, a written seed phrase, an exchange app) before anything else
- [] Decide whether to keep their phone line active briefly so two factor codes still arrive
- [] Check for a will or estate document that may already name a digital executor or grant account access
- [] Ask whether anyone else may already know a password, before assuming none exists

Notify the Major Platforms (No Password Needed)

- [] Facebook: request memorialization or deletion with a death certificate or obituary link
- [] Instagram: request memorialization or removal through its request form
- [] X (Twitter): request deactivation; no memorialization option exists
- [] Google: submit a request regarding a deceased user's account
- [] Apple: request deletion, or Legacy Contact access if a key was set up in advance

Preserve Before You Decide Anything Permanent

- [] Use Facebook's Download Your Information tool before requesting memorialization or deletion
- [] Use Google Takeout to save Gmail, Photos, and Drive content if access is granted
- [] Ask close friends, classmates, or coworkers if they have photos or videos to share
- [] Save an outgoing voicemail greeting before a carrier line is closed

Don't Forget These

- [] TikTok, Snapchat, Pinterest, and Reddit accounts
- [] Microsoft account (Outlook, Hotmail, or Live email; Xbox profile)
- [] LinkedIn, school email, and workplace accounts
- [] Gaming libraries (Steam, PlayStation, Xbox, Nintendo) and active subscriptions
- [] Payment apps with a balance (PayPal, Venmo) and any linked bank notifications

Worth Exploring When You Have the Capacity

- [] Talk with family about memorializing versus deleting before anyone acts alone
- [] Agree on one point person to coordinate requests, so platforms hear from one voice
- [] If access keeps requiring a court order, look for an estate attorney who specifically handles digital assets, not just a general practice attorney
- [] Decide how you want to handle tribute posts or tagged photos on a memorialized page
- [] Revisit this list in a few months; very little here has to be finished today

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